

---

## SAMPLE MENU ITEMS

---

Chicken Breast  
Mashed Potatoes w/Gravy  
Spinach  
Cookie  
Juice

Irish Beef Stew  
Broccoli  
Biscuit  
Fruit Cup  
Juice

Shepherd's Pie  
Herbed Carrots  
Roll  
Applesauce  
Juice

Beefy Mac Casserole  
Zucchini  
Garlic Bread  
Applesauce  
Juice

Fried Fish on a Bun  
Mashed Potatoes w/ Gravy  
Broccoli  
Fruit Cup  
Juice

Beef Ragu Over Noodles  
Green Beans  
Roll  
Graham Crackers  
Juice

Roast Turkey w/Gravy  
Mashed Sweet Potatoes  
Green Beans  
Yellow Cake  
Juice

Chicken Cacciatore  
Roasted Potatoes  
Peas & Carrots  
Applesauce  
Juice

Grilled Chicken  
Cajun roasted potato  
Peas & Carrots  
Applesauce  
Juice

Meals prepared by Anderson Hospital Monday-Wednesday & Friday.

---

## RESTAURANT THURSDAYS

---

Culver's

McAllister's Deli

Chappy's

Chicken Salad Chick

Mother's Catering

Dierberg's Deli

Big Daddy's

Weeping Willow Tea Room

GC Cuisine

Clean EatZ

Teaspoon's Cafe

Joe's Market Basket

Doc's Smokehouse

Local restaurants and caterers rotate to prepare Thursday meals.