




DECEMBER 2021 CALENDAR

WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FROST WEEK <u>Suggested Movies:</u> Frost Jack Frost Frosty the Snoman Frozen			1 9:00am Chair Yoga (V) 9:30am Write Your Own Story 1:00pm Board Games 7:00pm Tai Chi	2 9:00am Stretch & Move (V) 10:00am Let's Get Techy (V) 11:00am Blood Pressure Check 12:00pm Pinochle	3 12:00pm Contract Bridge 1:00pm Bingo: Sponsored by Edwardsville Care Center 3:00pm Travel: Ice Hotel Virtual Tour (V)
RECIPE WEEK <u>Suggested Movies:</u> No Reservations The Hundred Foot Journey Burnt Julie and Julia Mostly Martha	6 9:00am Chair Yoga (V) 10:00am Arts & History: Food in Art (V) 12:00pm Pinochle	7 1:00pm Mah Jongg 1:00pm Health & Nutrition (V) 7:00pm Evening Book Club	8 9:00am Chair Yoga (V) 9:30am Write Your Own Story 1:00pm Benefit Access, LIHEAP, SHIP/SHAP* 1:00pm Chess & Checkers 5:30pm Dining with Friends @ Moussalli's Prime Edw 7:00pm Tai Chi	9 9:00am Stretch & Move (V) 10:00am Let's Get Techy (V) 12:00pm Pinochle	10 1:00pm Bingo: Sponsored by Cedarhurst Senior Living 3:00pm Travel: Italian Christmas Virtual Tour (V)
HOLLY WEEK <u>Suggested Movies:</u> The Holly & the Ivy Christmas with Holly Holly Star Christmas at Holly Lodge	13 9:00am Chair Yoga (V) 9:00am Euchre 10:00am Arts & History: Why Holly (V) 12:00pm Pinochle	14 1:00pm Mah Jongg 1:00pm Health & Nutrition (V)	15 9:30am Write Your Own Story 1:00pm Bunco: Sponsored by Hospice of So IL 4:00pm Happy Hour @ Mike Shannon's Edw. 7:00pm Tai Chi	16 9:00am Stretch & Move (V) 10:00am Let's Get Techy (V) 11:00am Blood Pressure Check 12:00pm Pinochle 1:00pm Afternoon Book Club	17 12:00pm Contract Bridge 11:30am Christmas Luncheon (Reservations FULL) 1:00pm Bingo: Sponsored by Visiting Angels 3:00pm Travel: England Virtual Tour (V)
STAR WEEK <u>Suggested Movies:</u> Interstellar Five Star Christmas The Christmas Star	20 9:00am Chair Yoga (V) 10:00am Arts & History: Van Gogh Art (V) 12:00pm Pinochle	21 1:00pm Mah Jongg 1:00pm Health & Nutrition (V)	22 9:30am Write Your Own Story 7:00pm Tai Chi	23 9:00am Stretch & Move (V) 10:00am Let's Get Techy (V) 11:00am Blood Pressure Check 12:00pm Pinochle	24 <p style="text-align: center;">CENTER CLOSED For CHRISTMAS BREAK</p>
CENTER CLOSED THIS WEEK for ALL PROGRAMS & ACTIVITIES	DECEMBER 27-31		<p>Programs listed in BLUE are in-person activities that are either at the Center, at a restaurant, or at the park listed.</p> <p>*RED starred events are in-person by appointment. Call the Center to schedule: 618-656-0300.</p> <p>(V) All other programs are virtual videos and links provided on Facebook and on our website: www.mainstcc.org/programs or facebook.com/mainstcc.</p> <p>If you have questions, contact the Center: 618-656-0300 or info@mainstcc.org.</p>		