

NOVEMBER 2021 CALENDAR

WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CORN WEEK <u>Suggested Movies:</u> Signs Twister Interstellar Field of Dreams	1 9:00am Chair Yoga 10:00am Arts & History: Corn Palace 12:00pm Pinochle 1:00pm Health & Nutrition	2 9:30am Walking Club @ LeClaire Park, Edw 1:00pm Mah Jongg 7:00pm Evening Book Club: <i>You Never Forget Your First:</i> <i>A Biography of George</i> <i>Washington by Alex Coe</i>	3 9:00am Chair Yoga 9:30am Write Your Own Story 12:00pm Pinochle 1:00pm Board Games 7:00pm Tai Chi	4 9:00am Stretch & Move 10:00am Let's Get Techy 11:00am Blood Pressure Check 12:00pm Pinochle 1:00pm Rules of the Road*	5 12:00pm Contract Bridge 1:00pm Bingo: <i>Sponsored by</i> <i>Edwardsville Care Center</i> 3:00pm Travel: Dryersville, Iowa virtual tour
POPPY WEEK <u>Suggested Movies:</u> The Poppy is also a Flower Poppy The Wizard of Oz The Red Poppy	8 9:00am Chair Yoga 9:00am Euchre 10:00am Arts & History: Georgia O'Keeffe Art 12:00pm Pinochle 1:00pm Health & Nutrition	9 9:30am Walking Club @ SIUE Gardens, Edw 1:00pm Mah Jongg	10 9:00am Chair Yoga 9:30am Write Your Own Story 12:00pm Pinochle 1:00pm Benefit Access, LIHEAP, SHIP/SHAP* 1:00pm Chess & Checkers 5:30pm Dining with Friends @ Chavas, Edw 7:00pm Tai Chi	11 <p style="text-align: center;">CENTER CLOSED for VETERANS' DAY</p>	12 1:00pm Bingo: <i>Sponsored by</i> <i>Cedarhurst Senior Living</i> 3:00pm Travel: Tower of London virtual tour
HIKE WEEK <u>Suggested Movies:</u> Into the Wild Backcountry Wild A Walk in the Woods	15 9:00am Chair Yoga 10:00am Arts & History: Ansel Adams Art 12:00pm Pinochle 1:00pm Health & Nutrition	16 9:30am Walking Club @ Drost Park, Maryville 1:00pm Mah Jongg 4:30pm Happy Hour @ Wooden Nickel, GC	17 9:30am Write Your Own Story 1:00pm Bunco: <i>Sponsored by</i> <i>Hospice of So IL</i> 1:00pm Paralegal Assistance* 7:00pm Tai Chi	18 9:00am Stretch & Move 10:00am Let's Get Techy 11:00am Blood Pressure Check 12:00pm Pinochle 1:00pm Afternoon Book Club: <i>Nine Perfect Strangers</i> by Liane Moriarty	19 12:00pm Contract Bridge 11:30am Thanksgiving Luncheon Call to register for pick up or delivery 1:00pm Bingo: <i>Sponsored by</i> <i>Visiting Angels</i> 3:00pm Travel: Appalachian Trail virtual tour
TURKEY WEEK <u>Suggested Movies:</u> Free Birds Turkey Hollow Turkey Day Turkey Town	22 9:00am Chair Yoga 9:00am Euchre 10:00am Arts & History: History of Thanksgiving 12:00pm Pinochle 1:00pm Health & Nutrition	23 9:30am Walking Club @ Joe Glik Park, Edw 1:00pm Mah Jongg	24 <p style="text-align: center;">CENTER CLOSED for THANKSGIVING BREAK</p> 7:00pm Tai Chi - Confirmed In-Session	25 <p style="text-align: center;">CENTER CLOSED for THANKSGIVING BREAK</p>	26 <p style="text-align: center;">CENTER CLOSED For THANKSGIVING BREAK</p>
FROST WEEK <u>Suggested Movies:</u> Frost Jack Frost Frosty Frozen	29 9:00am Chair Yoga 9:00am Euchre 10:00am Arts & History: Ice Carvings 12:00pm Pinochle 1:00pm Health & Nutrition	30 9:30am Walking Club @ Miner Park, GC 1:00pm Mah Jongg	Programs listed in BLUE are in-person activities that are either at the Center, at a restaurant, or at the park listed. *RED starred events are in-person by appointment. Call the Center to schedule: 618-656-0300. All other programs are virtual videos and links provided on Facebook and on our website: www.mainstcc.org/programs or facebook.com/mainstcc . If you have questions, contact the Center: 618-656-0300 or info@mainstcc.org .		

OF ACTIVITIES & EVENTS

