



Senior Health Fair

Wednesday, April 27th

9am-Noon

Brightly Senior Living

200 Brightly Way, Glen Carbon, IL

Free parking and shuttle service from:

Main Street Community Center (1003 N. Main St, Edwardsville)

Edwardsville Senior Living (637 Hillsboro Ave, Edwardsville)

May Building Apartments (1701 Bryant Ave, Edwardsville)

SCHEDULE

9:00 am - 12:00pm

Vendor Booths Open

Free screenings provided including Balance, Memory, Foot Health, Blood Pressure, BMI, Glucose Finger Stick, Oxygen Saturation, Rx Counseling and more!*

9:30 am - 10:00am

Free Yoga Class

30 minutes of yoga with certified yoga instructor Lynn Dean! Please bring your own mat.

10:00am - 11:00am

Memories of Elvis

Experience the music and vocals of the King of Rock 'n Roll in a live performance by Steve Davis!

11:15am - 11:45am

Live Cooking Demo

Local chef Sara Sanderson from Clean EatZ demonstrates how to prepare an easy, healthy meal!

Visit vendor booths throughout the day to enter to win door prizes!

FEATURING

Al-Anon

Anderson Hospital

Brightly Memory Care

Clean EatZ

Edwardsville YMCA

Fitness Designs Physical Therapy

Hospice of Southern IL

Miracle Ear

Next Step Foot & Ankle Clinic

Precision Orthopaedics

Rock Steady Boxing - Metro STL

SIUE Schools of Dentistry, Nursing and Pharmacy

St. John's Community Care

Visiting Angels

Yoga With Lynn Dean

...and more!

***Registration required for all screenings. Call the center at 618-656-0300 to sign up.**

