





# JANUARY 2023 CALENDAR OF ACTIVITIES & EVENTS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>2</b> <b>CENTER CLOSED</b>	<b>3</b> 12:15pm Functional Fitness 12:30pm Mah Jongg 7:00pm Book Club - <i>Winter Garden</i> by Kristin Hannah	<b>4</b> 7:00pm Tai Chi	<b>5</b> 10:30am Write Your Own Story 12:00pm Pinochle (Drop-In)	<b>6</b> 12:00pm Contract Bridge 1:00pm Bingo
<b>Book Suggestions:</b> <i>The Little Shop of Found Things</i> by Paula Brackston <i>In Five Years</i> by Rebecca Serle <i>Tiny Beautiful Things</i> by Cheryl Strayed	<b>9</b> 9:00am Euchre 12:00pm Pinochle  Virtual Tours (V) Kuai, Hawaii	<b>10</b> 12:30pm Mah Jongg	<b>11</b> 12:00pm Technology Class: <i>Affordable Home Internet</i> 1:00pm Benefit Access, SHIP/SHAP, LIHEAP 5:30pm Dining with Friends: <i>Hawaiian Brothers</i> 7:00pm Tai Chi  	<b>12</b> 10:30am Write Your Own Story 12:00pm Pinochle (Drop-In) 1:00pm Book Club: <i>Island of Sea Women</i> by Lisa See	<b>13</b> 11:00am Blood Pressure Screening 1:00pm Bingo
<b>Movie Suggestions:</b> Amelie Zootopia Good Will Hunting Chariots of Fire Julie and Julia	<b>16</b> <b>CENTER CLOSED</b>  Virtual Tours (V) Cape Elizabeth, Maine	<b>17</b> 12:15pm Functional Fitness 12:30pm Mah Jongg 4:00pm Happy Hour: <i>Recess Brewery</i>  	<b>18</b> 12:00pm Technology Class: <i>All Things Zoom</i> 1:00pm Bunco 7:00pm Tai Chi	<b>19</b> 10:30am Write Your Own Story 12:00pm Pinochle (Drop-In)	<b>20</b> 12:00pm Contract Bridge 1:00pm Bingo
v) = virtual programs listed on website & Facebook <a href="http://www.mainstcc.org">www.mainstcc.org</a> <a href="https://www.facebook.com/mainstcc">www.facebook.com/mainstcc</a>	<b>23</b> 9:00am Euchre 12:00pm Pinochle  Virtual Tours (V) Lake Louise, Alberta	<b>24</b> 12:30pm Mah Jongg	<b>25</b> 7:00pm Tai Chi	<b>26</b> 10:30am Write Your Own Story 12:00pm Pinochle (Drop-In) 1:00pm Rules of the Road Review Course	<b>27</b> 11:00am Blood Pressure Screening 1:00pm Bingo
	<b>30</b> 9:00am Euchre 12:00pm Pinochle  Virtual Tours (V) Rio Celeste Falls, Costa Rica	<b>31</b> 12:30pm Mah Jongg		Scan QR Code for website: 