

# LUNCH AND LEARN

AT THE MAIN STREET  
COMMUNITY CENTER

## FIVE WAYS TO IMMEDIATELY DECREASE PAIN

**Wednesday, March 29**

**11:30AM – 1:00 PM**

Presented by:

**Jill Oertle**

OF IMOVE PHYSICAL THERAPY



**\$5** FEE  
**INCLUDES  
LUNCH**

FROM CLEAN EATZ

Sponsored By:  **State Farm**

**Trevor Halloran**

1324 Troy Rd  
Edwardsville, IL 62025  
618-659-1180  
[www.sfhalloran.com](http://www.sfhalloran.com)



*Providing Insurance and Financial Services*

**Non-refundable payment due  
with RSVP. Check or Cash ONLY.  
Limited seating!**

**To RSVP - Stop by Center or mail payment to:**  
MSCC, 1003 N Main St, Edwardsville, IL 62025

**Main Street**   
Community Center