

FREE FITNESS PROGRAMS

CHAIR YOGA

9:00AM

Thursdays

FUNCTIONAL FITNESS

12:15 PM

First and Third Tuesdays

LINE DANCING

12:15 PM

Second and Fourth Tuesdays

WALKING CLUB

Locations vary

9:30AM

Tuesdays

All classes are held at Main Street Community Center, 1003 N. Main Street, Edwardsville, IL unless otherwise noted. Follow us on Facebook or visit mainstcc.org for the most up to date information.

Main Street 
Community Center