RECREATION PROGRAMS

BINGO

Every Friday at 1 pm

BUNCO

3rd Wednesday of the month at 1:00pm

CROCHET & CONNECT

Wednesdays at 10:00am

DINING WITH FRIENDS

Meets on the second Wednesday of each month. RSVP Required.

EDWARDSVILLE BRIDGE GROUP

Wednesdays & Fridays at 12:00pm Thursdays at 5:45pm

Contact Gail Dare at 618-623-8886 to register.

EUCHRE

2nd, 4th & 5th Mondays at 9:00am

FILM FRIDAY

Fridays at 11:00am

HAPPY HOUR

Meets on the fourth Wednesday of the month. RSVP Required.

MAH JONGG

Tuesdays - 12:30pm

PINOCHLE - MONDAYS

Registration Required.

Mondays - 12:00pm

PINOCHLE - THURSDAYS (DROP-IN)

Thursdays - 12:00pm

WATERCOLOR CLASSES

First and Third Wednesday of the month at 12:30pm. Registration Required.

TRAVEL WITH US!

Main Street Community Center offers a variety of travel opportunities including day trips and domestic and international overnight trips. Check out our website for a full list of upcoming trips.

SHOP & DONATE WITH US!



Main Street Resale Boutique has a variety of clothing, accessories, children's items, small household decor and more!

Come see what you can find!

Donations are accepted Monday-Friday from 9 am-3 pm.

About MSCC

Main Street Community Center provides a variety of programs and services including home-delivered meals, transportation, health screenings, information and assistance, recreational opportunities, and so much more. Since 1975, our facility has supported older adults (50+) in maintaining health, social engagement and independence.

As a 501(c)3 charitable organization, MSCC is supported through the generosity of funds received through grants, donations, and fundraising events. We could not operate without the generous support from our volunteers and local community organizations and businesses who support our programming by partnering and providing sponsorships.







www.mainstcc.org





Keeping seniors 50+ independent, active, and engaged since 1975.

EDUCATION PROGRAMS

AFTERNOON & EVENING BOOK CLUBS

Afternoon Book Club - Meets at 1 pm Second Thursday of the month Evening Book Club - Meets at 7 pm First Tuesday of the month

COFFEE & CONVERSATIONS

Join us on the third Wednesday of the month at 9:30am for coffee, treats and a guest speaker.

LUNCH & LEARN

Join us for a \$5 lunch and guest speaker on a variety of topics. See calendar for day/topic.

PEN PALS

Write to students from an area school.

SPANISH CLASSES

Beginning & Intermediate Spanish Classes Tuesday mornings

TECHNOLOGY CLASSES

Program offered FREE of charge twice a month.

WRITE YOUR OWN STORY

This class encourages you to capture your memories using creative writing prompts.

Thursdays 10:30am - 12pm

FITNESS PROGRAMS

CHAIR YOGA

Thursdays at 9:00 am

FUNCTIONAL FITNESS

1st & 3rd Tuesdays from 12:15pm - 1:00pm

LINE DANCING

2nd & 4th Tuesdays from 12:15pm - 1:00pm

TAI CHI

Registration Required - \$100 for 16 weeks. Contact Instructor Terry Staebel to register - 618-939-4731 Wednesdays at 7:00pm

WALKING CLUB

Tuesdays at 9:30 am - See calendar for location.

HEALTH PROGRAMS

BLOOD PRESSURE SCREENINGS

Twice a month drop-in, no registration required.

SPRING HEALTH FAIR

Located at the Center. Variety of vendors and health screenings provided.

VACCINE CLINICS

Provided each fall.

PET HEALTH - VACCINE CLINICS

By appointment only.







NUTRITION PROGRAMS

COMMODITY SUPPLEMENTAL FOOD PROGRAM

Monthly shelf-stable food boxes designed to help stretch the pantry of seniors who qualify. Box contents vary monthly, but often include peanut butter, canned meat, canned vegetables and fruit, and cereal.

HOME DELIVERED MEALS

Fresh food prepared by Anderson Hospital, area caterers and restaurants, delivered by volunteers Monday-Friday for seniors and adults with disabilities living in Edwardsville and Glen Carbon.

MONTHLY CONGREGATE MEAL

Lunch provided in the Gathering Room on the second Wednesday of the month. Registration required by 9am the day prior.

MONTHLY FRESH PRODUCE PROGRAM

Fresh produce delivered to meal clients twice a month.

SPECIALTY LUNCH PROGRAMS

Veterans Day, Christmas Party, Summer BBQ

INFO & ASSISTANCE PROGRAMS

AARP SMART DRIVING

Brush up on your driving test information. Class offered twice a year.

AARP TAX ASSISTANCE

Appointments starting in late January.

BENEFIT ACCESS PROGRAM ASSISTANCE

Program to assist seniors in accessing the following:

- Seniors & Persons with Disabilities Ride Free Transit Benefit
- Secretary of State License Plate Discount

LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

By Appointment Only.

PARALEGAL SERVICES

A paralegal will meet with qualified seniors by appointment.

SENIOR HEALTH ASSISTANCE PROGRAM (SHAP) & STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP) By Appointment Only.

WARM NEIGHBORS COOL FRIENDS

Ameren utility bill payment assistance for moderate income seniors.

VOLUNTEER OPPORTUNITIES

Main Street Community Center is able to offer a variety of programs thanks to the support of generous volunteers. Volunteers greet participants at the reception desk, answer phone calls, drive routes for our home delivered meals, prepare for large events, sort and price items for our Resale Boutique and much more.

E-mail info@mainstcc.org if you are interested in volunteering or stop by the Center to pick up a Volunteer Packet.