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## SAMPLE MENU ITEMS

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Chicken Breast  
Mashed Potatoes w/ Gravy  
Spinach  
Cookie  
Juice

Irish Beef Stew  
Broccoli  
Biscuit  
Fruit Cup  
Juice

Shepherd's Pie  
Herbed Carrots  
Roll  
Applesauce  
Juice

Beefy Mac Casserole  
Zucchini  
Garlic Bread  
Applesauce  
Biscuit

Fried Fish on a Bun  
Mashed Potatoes w/ Gravy  
Broccoli  
Fruit Cup  
Juice

Beef Ragu Over Noodles  
Green Beans  
Roll  
Graham Crackers  
Juice

Roast Turkey w/ Gravy  
Mashed Sweet Potatoes  
Green Beans  
Yellow Cake  
Juice

Chicken Cacciatore  
Roasted Potatoes  
Peas & Carrots  
Applesauce  
Juice

Grilled Chicken  
Caun Roasted Potato  
Pees & Carrots  
Applesauce  
Juice

Meals prepared by Anderson Hospital Monday-Wednesday & Friday.

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## RESTAURANT THURSDAYS

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Big Daddy's of Edwardsville

GC Cuisine

Cafe Birdie

Joe's Market Basket

Chicken Salad Chick

McAlister's Deli

Clean Eatz

St. Andrew's Episcopal Church (Fresh Produce)

Culver's

St. John's Mission Garden (Fresh Produce)

Dierberg's

Teaspoons Café

Doc's Smokehouse

Weeping Willow Tea Room

Ed's Delicatessen

Local restaurants and caterers rotate to prepare Thursday meals.